

Canteen Menu - Term 1

Sandwiches/rolls/ gluten free bread /wraps

Basic Salad	3.00
Tandoori Chicken	4.00
Cheese & salad	3.50
Ham & salad	4.00
Chicken wrap with hummus	4.00

Low fat Frankfurt in roll	3.00
Homemade sausage roll	4.00
<u>Gluten free sausage roll</u>	4.00

Chicken fillet burger w salad	4.00
Beef burger w salad	4.00

Pasta w bolognese sauce	3.00
Pasta w tomato sauce	3.00
<u>Gluten free pasta</u>	3.00

Margherita pizza	2.50
(tomato,cheese, oregano)	
Hawaiian pizza	3.00
(ham, cheese, pineapple)	
BBQ Chicken pineapple	3.00
(chicken pineapple cheese BBQ)	

SALADS

Chicken Salad	4.00
Crispy Noodle Salad	3.50
Fruit salad <u>gluten free</u>	3.00

SNACK ATTACK

Home made Muffin	2.00
Fresh yogurt tub	2.00
Piece of fruit	0.50

Warm and toasted S/W or Wrap

Cheese	3.00
Ham & Cheese	3.50
Tomato & Cheese	3.50
Ham/cheese/tomato	4.00

HYDRATION STATION

Orange poptop	1.00
Apple poptop	1.00
Apple/blackcurrant poptop	1.00
Chocolate Breaka	1.50
Strawberry Breaka	1.50
Flavoured Oak 600ml	3.00
Bottle of water	2.00

**The Berendale canteen
operates Monday to Thursday**

*Your lunch will be ready to be
picked up at 1pm.*

Based on "go for your life"
Healthy canteen program, Department
of Education, Vic 2006